



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**YMCA Mission Statement**

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

## **PARENT/CHILD GYMNASTICS**

**Ages 2-4**

6/11

Is your child ready for the next step? More gymnastics skill instruction than First Bugs, but geared toward the child not quite ready to be on their own. Learn to spot your child on basic gymnastics skills on all four events. This program offers a special time for you to share with your child. For safety's sake, **at least one adult must accompany each child**, and only the child registered for class may be in the gym (no siblings on the side, please). Both parents are welcome!

### **1. Where do we go for class?**

Stop at the Front Desk on your first day of class, and a Front Desk Associate will be able to tell you where your class is being held.

### **2. What if we miss a class?**

To ensure maximum program quality and safety and to maintain the appropriate instructor/student ratio, make-up classes are not available. However, for extended medical absences, with doctor verification, a credit will be given.

### **3. What should we wear?**

Please wear comfortable play clothes. Children are encouraged to be barefoot in the gym.

### **4. In what class do we enroll after we finish this one?**

Because themes and activities change each session, you may re-enroll in the same class knowing there will be new and interesting experiences. All of our classes are developmentally-appropriate for their specific age group, so at age 2, your child can enroll in Tumble Bugs, Sport Bugs, Jitter Bugs, Dancin' Bugs, Parent/Child Dance- At age 3, a variety of Gym classes are available. For added fun and learning, you may wish to try one of our popular combo classes:

Parent/Child Sports	2 to 4 years
Parent/Child Sports & Swim	2 to 4 years
Parent/Child Dance	2 to 4 years
Parent/Child Dance & Swim	2 to 4 years
Parent/Child Gymnastics & Swim	2 to 4 years

Ask the front desk for a current program guide to learn more about these and other programs for your family!

### **5. When can we re-enroll for the next session?**

Registration dates are published in the Program Guide. To avoid disappointment, follow this schedule carefully and enroll at your earliest possible opportunity.

**Have a wonderful time in class and please let us know if our staff can be of assistance!**

Broadview 436-9651    Downtown 436-9672    West Side 436-9567    East Side 436-1242

**Membership For All** helps to ensure that everyone belongs at the YMCA, regardless of income level.