



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA Mission Statement

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

8/11

PARENT/CHILD GYM PROGRAMS

First Bugs – Stable walking to 2 years

Parent/Child Gymnastics – Ages 2 - 4 years

Parent/Child Sports – Ages 2 - 4 years

Parent/Child Dance – Ages 2 - 4 years

These programs offer a special time for you to share with your child. For safety's sake, **at least one adult must accompany each child in the gym**, and only the child registered for class may be in the gym (no siblings on the side, please). Both parents are welcome!

1. Where do we go for class?

Stop at the Front Desk on your first day of class, and a Front Desk Associate will be able to tell you where your class is being held.

2. What if we miss a class?

To ensure maximum program quality and safety and to maintain the appropriate instructor/student ratio, make-up classes are not available. However, for extended medical absences, with doctor verification, a credit will be given.

3. What should my child wear?

Please wear comfortable play clothes. Children are encouraged to be barefoot in the gym; however, they are welcome to wear gym shoes. Dance shoes are optional for Parent/Child Dance.

4. In what class do we enroll after we finish this one?

Because themes and activities change each session, you may re-enroll in the same class knowing there will be new and interesting experiences. All of our classes are developmentally-appropriate for their specific age group, so at age 2, your child can enroll in Parent/Child Sports, Parent/Child Dance or Parent/Child Gymnastics. At age 3, a variety of Gym classes are available for your child to take independently. For added fun and learning, you may wish to try one of our popular combo classes:

First Bugs & Swim:	Stable walking to 2 years
Parent/Child Sports & Swim:	2 to 4 years
Parent/Child Dance & Swim	2 to 4 years
Parent/Child Gymnastics & Swim	2 to 4 years

Ask the front desk for a current program guide to learn more about these and other programs for your family!

5. When can we re-enroll for the next session?

Registration dates are published in the Program Guide. To avoid disappointment, follow this schedule carefully and enroll at your earliest possible opportunity.

Have a wonderful time in class, and please let us know if our staff can be of assistance!

Broadview 436-9651 Downtown 436-9672 West Side 436-9567 East Side 436-1242

The YMCA provides membership and program services to anyone regardless of their ability to pay. Financial assistance is made possible through contributions to the Strong Kids Campaign. For information please contact the YMCA at 436-9622.