



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

7/11

## Rainbow Rompers

**Rainbow Rompers** is a fun parent-directed play time for preschoolers. Age-appropriate gym equipment is used in an obstacle course/activity station setting to encourage large and small muscle development.

### 1. What should my child wear to class?

Comfortable clothes and gym shoes or bare feet are recommended. Parents are asked to wear gym shoes or socks.

### 2. Where do I go for class?

Check in at the front desk. A nominal fee is charged for the general public, members are free, but do need to check in. The front desk will direct you to the program location.

### 3. Are there any YMCA staff in this program?

The staff are there to help you and your child navigate the equipment and ensure safety. Parents are encouraged to participate and interact with their children.

### 4. May I leave the building while my child participates?

No, this program is designed for parent and child time together. Parents are required to be present while their child is playing.

### 5. Do we need to stay for the entire time?

No, Rainbow Rompers is a free-form, drop-in activity. You are free to come and go when you wish.

**For more information about this program, please call 436-9651.**

#### **YMCA Mission Statement:**

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

**Membership For All** helps to ensure that everyone belongs at the YMCA, regardless of income level.

For more information, contact the YMCA AT 436-9622.