



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WEST SIDE POOL

(SEE SLIDE SCHEDULE ON REVERSE SIDE)

Winter Session 2012

January 2 – February 19, 2012

Schedule subject to change

M-F 5am-10pm

Sat. 6am-8pm

Sun. 7am-6pm

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
5:00-7:40 2 Lane Lap Swim	5:00-7:40 Open Swim	5:00-7:40 2 Lane Lap Swim	5:00-7:40 Open Swim	5:00-7:40 2 Lane Lap Swim	5:00-7:40 Open Swim	5:00-7:40 2 Lane Lap Swim	5:00-7:40 Open Swim	5:00-7:40 2 Lane Lap Swim	5:00-7:40 Open Swim	6:00-7:40 2 Lane Lap Swim	6:00-7:40 Open Swim	<b>Open 7am</b>	
7:45-8:45 Waterworks		Gentle Water 7:45-8:45		7:45-8:45 Waterworks		Gentle Water 7:45-8:45		7:45-8:45 Waterworks		7:45-8:45 Waterworks		7:00 - 11:00	7:00- 5:50
9:00-10:00 Waterworks		8:45-12:00 2 Lane Lap Swim	8:45-12:00 Open Swim	9:00-10:00 Waterworks		8:45-11:55 2 Lane Swim	8:45-9:45 Open Swim	9:00-10:00 Waterworks		9:00-12:05 Swim Lessons		Open Swim	2 Lane Lap Swim
10:00-10:45 Gentle Water				10:00-10:45 Gentle Water				10:00-10:45 Gentle Water					
		12:00-1:00 Waterworks		10:50-12:00 Swim Lessons	10:50-5:00 Lane Lap Swim			9:50-11:10 Swim Lessons	Swim Lessons 10:50-11:30	10:50-7:15 2 Lane Lap Swim			
10:50-11:30 Swim Lessons	10:50-3:55 2 Lane Lap Swim	1:00-3:55 2 Lane Lap Swim	1:00-3:55 Open Swim	12:05-1:15 Open Swim		12:00-1:00 Waterworks		11:10-11:55 Open Swim	11:30-7:15 Open Swim	12:05-6:00 Open Swim	12:05-6:00 2 Lane Lap Swim	11:00-2:00 Family Swim	
11:30-12:15 Open Swim				1:15-2:15 Aspiro									
Swim Lessons 12:15-1:00				2:15-5:00 Open Swim		1:00-1:30 Open Swim	1:00-3:55 2 Lane Lap Swim						2:00-5:50 Open Swim
1:00-3:55 Open Swim						2:30-3:55 Open Swim	(Whirl -pool Closed 1:00-5:00)						
4:00-7:55 Swim Lessons		4:00-6:30 Swim Lessons		5:00-5:45 Waterworks		4:00-6:30 Swim Lessons							
		6:30-7:30 Open Swim	6:30-7:30 2 Lane Lap Swim	6:00-7:45 Swim Lessons		6:30-7:30 Family Swim	6:30-7:30 Master Swim	<b>SAFETY</b> 7:15 to		<b>BREAK</b> 7:30		6:00-7:50 Family Swim	
7:55-9:50 Open Swim	7:55-9:50 2 Lane Lap Swim	7:30-8:30 Waterworks		7:45-9:50 2 Lane Lap Swim	7:45-8:30 Adult Lessons	7:30-8:30 Waterworks		7:30-9:50 Y Night					
		8:30-9:50 Open Swim	8:30-9:50 2 Lane Lap Swim		8:30-9:50 Open Swim	8:30-9:50 2 Lane Lap Swim	8:30-9:50 Open Swim			<b>Closed 8pm</b>			

Membership card or photo ID required to use all YMCA facilities. Financial Assistance is made possible through contributions to the Strong Kids Campaign. For information, call 920.436.9622. The YMCA provides membership and program services to anyone regardless of ability to pay.

## **Pool Guidelines & Rules**

**Family** – Children must be accompanied by an adult in the water.

**Open** – Ages 8+ may swim alone. Ages 7 and under must be accompanied by an adult in the water.

**Lap Swim** – Ages 14+ may swim alone. Ages 8-13 must be accompanied by a parent/adult on deck or in the water. Lap lanes will be shared; multiple people may use a lane at the same time for lap swimming when space is limited.

**Toys & Equipment** – the YMCA will provide toys & equipment during Open/Family swim times. Please do not bring items from home.

**Kids Day Out** – Kids in our School Age Child Care program use the pool at scheduled times on days off school.

## **Slide Guidelines & Rules**

We, at the YMCA, care about your safety.

Please...

- Ride down the slide feet first while in a sitting position or lying on your back
- Do not stand, kneel or stop in the slide, and no running up the slide
- Keep your hands and feet inside while riding down the slide
- Stand single file on the slide platform to wait for your turn
- After entering the water, immediately clear the area at the bottom of the slide
- The lifeguards on duty will make all decisions regarding safety issues on the slide

### **When can a child ride down the slide alone?**

- When they meet the height requirement of 4' and do not need a floatation device to swim and they are comfortable entering the drop zone alone

### **When can child/parent ride down the slide together?**

- If child does not meet the height requirement, needs a floatation device to swim, or feels uncomfortable exiting the drop zone alone, then parent must ride down with child. For safety, we do not allow catching child at the bottom of the slide.

## **Whirlpool Guidelines and Rules**

We, at the YMCA, care about your safety. Please be aware of the following health guidelines:

- Ages 14 & older may use any time
- Per Wisconsin state codes, children under 6 yrs of age are not permitted. Ages 6-13 may use the whirlpool during Family Swim when accompanied by a parent
- People suffering from heart disease, diabetes, or high blood pressure or women who are pregnant should not use the whirlpool. Lengthy exposure may be hazardous to your health and may result in nausea, dizziness or fainting

### **Slide Schedule – Winter Session 2012**

M	Closed
T	6:30pm-7:30pm
W	Closed
Th	6:30pm-7:30pm
F	6:00pm-7:00pm; 7:30pm-9:30pm (Y Night)
Sa	1:00pm-3:00pm; 6-8pm
Su	11:00am-6:00pm

**Slide schedule subject to change based on lifeguard/patron ratio.**

**PLEASE SHOW RESPECT BY OBEYING THE GUIDELINES AND FOLLOWING THE INSTRUCTIONS OF THE LIFEGUARDS, THANK YOU.**