



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

12/11

CHEER SQUAD

The Green Bay YMCA's year-round Gymnastics Program serves boys and girls ages 3 through teens. We provide classes for all levels, from beginners to national competitors.

Our CHEER SQUAD classes provide a fun, safe learning environment with instructors who are well trained in the latest teaching techniques and safety standards. This 60-minute class is for girls who have an interest in cheerleading and want to learn the basics. There is an opportunity each session to cheer at a youth sports game. We also feature the YMCA's character values, as we believe it is important to build strength in mind as well as in body. There is a 7 to 1 student-teacher ratio to individualize instruction as much as possible. If the YMCA staff can be of assistance to you, please call the Program Coordinator at 436-9578.

Here are answers to some frequently asked questions:

1. How do we PREPARE for the class?

The best clothes to wear are leotards or elastic waist shorts with a t-shirt that stays tucked in. Because socks can become slippery on equipment, bare feet are recommended. No jewelry is allowed except post earrings. Long hair must be tied back and kept off the face. Soft hair accessories are preferred over hard plastic barrettes.

2. What should we do the FIRST DAY?

Stop at the front desk to check in. They can direct you to the location of your class. Please store extra clothing in the locker rooms or in the cubbies outside of the Downtown Gymnastics Center. Please wait for your class to begin in the hallway. Your instructor will call you in at the scheduled start time.

3. What will my child LEARN in class?

Participants will learn cheers, stunting, jumps and basic tumbling.

4. When can parents OBSERVE the class?

You may observe from the hallway throughout the session. Younger children are welcome to observe, but must remain outside of the gymnastics center, for safety's sake. Kids Korner is also available for your convenience.

5. What if we MISS A CLASS?

There are no make-ups for missed classes. Since you are registered for a particular day and time slot, we guarantee that spot for you. Refunds will not be given for missed classes. For extended medical reasons, a credit will be given for the remainder of classes from the time of notification.

6. How can I re-enroll for the next session?

Register at the front desk, by phone (436-9595) or online at www.greenbayymca.org. MasterCard, Visa and Discover are accepted.

Mission Statement

To put Christian principles into practice through programs that build healthy Spirit, Mind and Body for all.

Membership For All helps to ensure that everyone belongs at the YMCA, regardless of income level.

For information, contact the YMCA at 436-9622.