



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DOWNTOWN LARGE POOL

Spring Break Week
March 26-31, 2012

M-F 5am-9pm
Sat. 6am-5pm Sun. Closed

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-9:45 am Circle/Open	5:00-9:00 am Circle/Open	5:00-9:45 am Circle/Open	5:00-9:00 am Circle/Open	5:00-8:30 am Circle/Open	6:00-7:45 am Circle	C L O S E D
					7:45-9:45 Open/Circle	
9:45-10:30 Senior Water Exercise	9:00-11:00 Lifeguard Class/Open	9:45-10:30 Senior Water Exercise	9:00-11:00 Lifeguard Class/Open	8:30-9:45 Lifeguard Class/Open	9:45-10:30 Circle	
	10:30-12:00 Circle/Open				11:00-1:00 Circle	
12:00-1:00 Circle		11:00-1:00 Circle	10:30-1:00 Circle	1:00-2:30 Lifeguard Class/Open	2:00-3:30 Open	
1:00-2:30 Circle/Open	1:00-2:30 Lifeguard Class/Open					
2:30-3:45 Kids Day Out/Open	2:30-3:45 Kids Day Out/Open	2:30-3:45 Kids Day Out/Open	2:30-3:45 Kids Day Out/Open	2:30-3:45 Kids Day Out/Open	3:30-5:00 \$1.00 Community Swim	
3:45-5:30 Swim Team/ 2 Lane Circle	3:45-5:30 Swim Team/ 2 Lane Circle	3:45-6:30 Open/Circle	3:45-5:30 Swim Team/2 Ln Cir	3:45-5:30 Swim Team/2 Ln Cir		
5:30-9:00 Open/Circle	5:30-6:30 Deep Water Cond./ 2 Lane Circle	6:30-8:30 Swim Team/2 Ln Cir	5:30-6:30 Deep Water Cond./ 2 Lane Circle	5:30-6:30 Open/Circle	C L O S E D	
	6:30-7:30 Special Pops		6:30-9:00 Open/Circle	6:30-9:00 Y Klub/2 Lane Circle		
	7:30-9:00 Open/ Circle	8:30-9:00 Open/Circle				

**Membership cards or photo ID are required for members to use all YMCA facilities.
Guests, accompanied by a member, are welcome with a photo ID and the purchase of a day pass.**

Scholarships and financial assistance help to ensure that everyone belongs at the YMCA.
For more information, call us at (920) 436-9622.

DOWNTOWN TRAINING POOL

Spring Break Week
March 26-31, 2012

M-F 5am-9pm
Sat. 6am-5pm Sun. Closed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am-7:30am Walk	5:00am-7:30am Walk	5:00am-7:30am Walk	5:00am-7:30am Walk	5:00am-7:30am Walk		C L O S E D
7:30-11:30 Open	7:30-2:30 Open	7:30-11:30 Open	7:30-2:30 Open	7:30-11:30 Open	6:00am-3:30pm Open	
11:30-12:15 Arthritis Program		11:30-12:15 Arthritis Program		11:30-12:15 Arthritis Program		
12:15-2:30 Open		12:15-2:30 Open		12:15-2:30 Open		
2:30-3:45 Kids Day Out/Open	2:30-3:45 Kids Day Out/Open	2:30-3:45 Kids Day Out/Open	2:30-3:45 Kids Day Out/Open	2:30-3:45 Kids Day Out/Open	3:30-5:00 \$1.00 Community Swim	
3:45-9:00 Open	3:45-6:00 Open	3:45-9:00 Open	3:45-9:00 Open	3:45-9:00 Open		
	6:00-7:30 Special Pops					
	7:30-9:00 Open					
					CLOSED	

Open

Ages 8 and over may swim alone.
Ages 7 and under must be accompanied by an adult in the water.

Abierto

Los que tienen 8 años o más pueden nadar solos.
Los que tienen 7 años o menos necesitan un adulto en el agua con ellos.

Community Swim

The general public may swim for \$1.00 per person.
This fee covers only pool activities on Saturday from 3:30-5:00pm.
Ages 8 and over may swim alone.
Ages 7 and under must be accompanied by parent/adult in the water.

Natación de comunidad

Cualquier persona de la comunidad puede nadar por \$1.00 cada una.
Este honorario cubre solamente actividades en los sábados 3:30-5:00pm para nadar.
Los que tienen 8 años o más pueden nadar solos.
Los que tienen 7 años o menos necesitan un adulto en el agua con ellos.

Circle

Ages 14 & older may swim alone.
Ages 8-13 must be accompanied by a parent/adult on the deck or in the water.
Lap lanes will be shared - multiple people may use a lane at the same time when there are more swimmers than available lanes.

Natación en círculo

Los que tienen 14 años o más pueden nadar solos.
Los que tienen 8 a 13 años tienen que estar acompañados por un adulto en el agua o al lado de la alberca.

Walk

Participants may walk across the pool as a form of exercise.

Caminar en el agua

Participantes pueden caminar a través de la alberca como una forma de ejercicio.

Whirlpool Guidelines

Ages 14+ may use anytime. Per Wisconsin State Code, children under 6 are not permitted.
Ages 6-13 must be accompanied by a parent.

Remolino

Los niños que tienen 14 o más pueden utilizar el remolino en tiempo. Es la ley de Wisconsin que los niños que tienen 6 años o menos no están permitidos utilizar el remolino. Los niños que tienen entre 6-13 años pueden utilizar el remolino cuando están acompañados por un padre.

Toys and Equipment

The YMCA will provide toys and equipment during Open times. Please do not bring items from home!

Jugetes y equipo para la alberca ya están en el YMCA. ¡Por favor no traigan cosas de la casa!