



Broadview YMCA Large Pool Schedule

Session: SPRING 1 2010

February 22 - April 18 (CLOSED APRIL 4th)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 7:00 Circle	5:00 - 6:00 Circle	5:00 - 5:30 Circle	5:00 - 6:00 Circle	5:00 - 5:30 Circle	Swim Team <i>Sat. Morning Dates:</i> March 13, 27 & April 3	
7:00 - 7:45 3 Ln Walk 4 Ln Circle	6:00-7:00 Waterworks 6:00-7:00 3Ln Circle	5:30 - 7:30 Swim Team 4Ln Circle	6:00-7:00 Waterworks 6:00-7:00 3Ln Circle	5:30 - 7:30 Swim Team 4Ln Circle		
7:45 - 8:30 Waterworks	7:45-8:30 Gentle Fit. 7:00-11:30 2Ln Circle	7:45 - 8:30 Waterworks	7:45-8:30 Gentle Fit. 7:00-11:30 2Ln Circle	7:45 - 8:30 Waterworks	3 lanes	9:00 - 12:00 Circle
8:30 - 9:15 Waterwalk		8:30 - 9:15 Waterwalk		8:30 - 9:15 Waterwalk	8:00 - 9:00 Waterworks 2Ln Circle	
9:15 - 10:00 Senior Exercise		9:15 - 10:00 Senior Exercise		9:15 - 10:00 Senior Exercise	9:00 - 11:30 Swim Lessons	
10:00 - 11:00 Open 2Ln Circle	10:00-12:00 Swim Lessons	10:00 - 11:00 Open 2Ln Circle	10:00-11:30 Swim Lessons	10:00 - 12:15 Swim Lessons 2Ln Circle		
11:00 - 1:00 Circle	12:00 - 1:00 Circle	11:00 - 1:00 Circle	11:30 - 1:00 Circle	12:15-5:00 Open 12:15-10:00 2Ln Circle	11:30 - 1:30 2Lane Open 5 Lane Circle	12:00 - 4:00 Open 2 Ln Circle
1:00-4:00 Open 1:00-4:00 2Ln Circle	1:00-5:45 Open 1:00-5:45 2Ln Circle	1:45-2:30 Swim Lessons 1:00-7:15 2Ln Circle 2:30-5:00 Open	1:00-4:45 Open 1:00-4:45 2Ln Circle (3:00-4:00) 1 Lane Sp. Olympics	1:00-4:45 Open 1:00-4:45 2Ln Circle	1:30 - 8:00 Open 2 Ln Circle	
4:00 - 5:40 Swim Lessons 1Ln Circle		5:00-6:00 Waterworks 5:45 - 7:15 Swim Lessons 6:15-7:15 Swim Less.	4:45 - 6:45 Swim Lessons 6:30-7:00 Comp. Stroke	5:00-6:00 Waterworks 6:00-7:00 Open		Dive In Movie: Sunday March 7th 12:00-2:00pm "Cloudy with a Chance of Meatballs"
5:40-6:40 Waterworks 6:00-6:45 Comp. Stroke	7:15 - 8:05 Fit For Two Adult Less.	7:15-7:45 Swim Lessons 7:45-8:30 Swim Less. 2Ln Circle 8:30 - 10:00 Circle	7:00 - 9:00 Swim Team 9:00 - 10:00 Circle	7:00-10:00 Y-Night		
6:45-9:00 Swim Team	8:05 - 10:00 Circle					
9:00 - 10:00 Circle						



Broadview YMCA Diving Well Schedule

Session: SPRING 1 2010

February 22 - April 18 (CLOSED APRIL 4th)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 6:00 Circle	5:00 - 1:00 Circle	5:00 - 6:00 Circle	5:00 - 1:00 Circle	5:00 - 6:00 Circle		
6:00-6:45 <i>Deep Water Cond.</i>		6:00-6:45 <i>Deep Water Cond.</i>		6:00 - 6:45 <i>Deep Water Cond.</i>	6:00-7:00 Circle	
6:50-1:00 Circle		6:50-1:00 Circle		6:50 - 12:30 Circle	7:00-7:45 <i>Deep Water Cond.</i>	
	10:00-11:30 Swim Less.		10:00-11:30 Swim Less.	10:45-12:15 Swim Less.	7:50-9:00 Circle	
1:00 - 4:00 Open	1:00 - 5:00 Open	1:00 - 6:15 Open <i>(No Diving Board 5-6pm)</i>	1:00 - 4:45 Open	12:30-1:00 Water Polo	9:00-11:30 Swim Lessons	9:00 - 12:00 Circle
4:00 - 5:40 Swim Lessons	5:00 - 5:30 <i>Water Games</i> <i>(Value Added - Members Only</i> <i>8-14yrs)</i>	6:15 - 7:15 Swim Lessons	4:45 - 6:15 Swim Lessons	1:00-3:30 Circle	11:30-1:30 Circle	12:00-4:00 Open
5:40-7:15 Open <i>(No Diving Board 5:40-6:40)</i>	5:45 - 7:15 Swim Lessons	7:15 - 8:00 <i>Deep Water Cond.</i>	6:15 - 8:00 Open	3:30-6:00 Open <i>(No Diving Board 5:00-6:00)</i>	1:30-8:00 Open	
7:15 - 8:00 <i>Deep Water Cond.</i>		8:00 - 8:30 Swim Lessons		6:00-7:00 Circle		
8:00 - 10:00 Circle	7:15-10:00 Circle	8:30 - 10:00 Circle	8:00-10:00 Circle	7:00-10:00 Y-Night		

Diving Well will be CLOSED for Lifeguard Training:
 Saturday March 13th
 12:00-1:30pm
 Thursday March 18th
 6:30-8:00pm

Non-Swimmers, regardless of age, must be supervised within arm's reach by an adult in the water at all times.

Los jóvenes qui no pueden nadar, de cualquier edad, necesitan supervision por un adulto con una distancia de un brazo o menos en el agua todo el tiempo.

Open Ages 8 and older may swim alone. Ages 7 and under must be accompanied by parent/adult in the water. **Any youth that would like to swim in the diving well must pass the swim test each time.**

Circle **Lap Swimming or Water Jogging.** Ages 14 and older may swim alone. Ages 8-14 must be accompanied by parent/adult on deck or in water. Lap lanes will be shared. Multiple people may use a lane at the same time when space is limited.

Whirlpool Please follow the age requirement of 14 or older. **The whirlpool will be cleaned every Monday 1-4pm and Thursday 9-11am.**

Waterwalk Walk or jog. No lap swimming in these lanes.

Please Note: YMCA toys and equipment will be provided during Open Swim. Please DO NOT bring items from home. **A shower is required before entering any pool.**

All swimmers must wear swimming suits while using the pool or whirlpool.

Membership cards or Photo ID required to use all YMCA facilities. Guests, accompanied by a member, along with Photo ID can purchase a Day Pass.