

Youth Sports

Greater Green Bay YMCA

Spring 2010

Everybody Plays. Everybody Wins

More...

Volleyball, Baseball, Lacrosse
Soccer, Roller Hockey inside...

YSPORTS

We build strong kids, strong families, strong communities.

Dear Sports Enthusiasts,

Welcome to the spring season!

The YMCA offers youth a valuable sports experience through our Youth Sports program. Our program teaches young people not only about sports skills and the importance of physical activity throughout a lifetime, but also about responsibility, leadership, integrity, nonviolent conflict resolution, sportsmanship, and cooperation.

Childhood health risks have skyrocketed in our nation due to an increase in youth obesity and inactivity. It seems that everywhere we turn we are hearing a story regarding this alarming news. As a community we can rally together and with a tremendous amount of effort through recreation programs, such as Youth Sports, we can increase physical activity and fitness amongst our youth. Best of all, the kids love it and have FUN!

The YMCA incorporates the character values of caring, honesty, respect and responsibility into an enjoyable environment of team play and skill building. That coupled with the fact that youth sports is a great opportunity for quality family time are all reasons why we are enthusiastic about youth sports and happy to see our efforts working in kids, families, and community.

The quality of any youth sports experience depends on the competence and supportiveness of its adult program leaders, particularly the coaches. Did you know that approximately 2.5 million adults generously volunteer their time each year as coaches of youth sports teams? Volunteer commitment provides a vital source of support for our young people. If you are interested in coaching please contact me. You'll find the youth sports volunteer coaching positions to be both rewarding and rejuvenating!

Thank you to those who are already involved!

Micki

Registration for Youth Sports begins March 1st.

Please register in person,
by mail, by phone at
(920) 436-9595 or
online at
www.GreenBayYMCA.org.



Micki Klemencic, Youth Sports Director
920.436.9551
micki.klemencic@greenbayymca.org



Not sure if a sports
program will
run due to
inclement weather?
Call the Youth
Sports Department
Hotline for the answer.
Dial 436-9555.

SPRING baseball



YMCA Youth Baseball

ages 4 - 8

T-ball bats off the tee and Y-ball pitches from a coach or a machine...Grab your glove and let's play ball! Fun instructional league includes modified games. Everyone bats each inning, no score is kept. The program runs on Saturday mornings beginning April 17th at Green Isle Park, West Side YMCA and Preble Park.

\$49

YMCA Members: \$31

Saturday Mornings April 17 - June 5

No class May 29

ALLOUEZ: Green Isle Park

Ages 4, 5, 6..... T-ball 39054..... 9:00 am

Ages 6, 7, 8..... Y-ball 39055..... 10:15 am

EAST SIDE: Preble Park

Ages 4, 5, 6..... T-ball 39056..... 9:00 am

Ages 6, 7, 8..... Y-ball 39057..... 10:15 am

WEST SIDE: West Side YMCA

Ages 4, 5, 6..... T-ball 39058..... 10:15 am

Ages 6, 7, 8..... Y-ball 39059..... 11:30 am

VOLUNTEER COACHES MEETING: April 7 - 6:15 pm

Downtown YMCA (Boardroom)



Registration Begins March 1st

Registration Deadline April 9th



SPRING LACROSSE

Outdoor Lacrosse

grades 3rd-5th

Lacrosse is one of the nation's fastest growing sports. It is a game of ten players per team who use netted sticks in order to pass a small rubber ball between players working towards scoring a goal. Emphasis will be on fundamentals including catching, passing, scooping, dodging and defense. Emphasis in scrimmages will be on teamwork, skill development and sportsmanship.

\$49 **YMCA Members: \$31**

Saturday Afternoons April 17 - June 5

No class May 29

WEST SIDE: West Side YMCA

3-5th Grade 39060..... 1:30 - 2:30 pm



FLAG FOOTBALL

Micro Flag Football

ages 5 - 6

The basics of flag football on a smaller field with fewer players to guarantee your child time with the ball. The program runs on Saturday mornings beginning April 17th at the East Side YMCA.

\$49 **YMCA Members: \$31**

Saturday Mornings **April 17 - June 5**

No Class May 29

EAST SIDE: East Side YMCA

Ages 5 & 6 39062..... 11:30 - 12:30 pm



VOLUNTEER COACHES MEETING:

Wednesday, April 7 - 7:00 pm

Downtown YMCA (Boardroom)

Register online at www.GreenBayYMCA.org



SPRING SOCCER

Micro Soccer

ages 4 - 8

The basics of soccer on a smaller field with fewer players to guarantee your child time with the ball. The program runs on Saturday mornings beginning April 17th at the West Side YMCA athletic field, East Side YMCA and Broadview YMCA.

\$49 **YMCA Members: \$31**

Saturday Mornings April 17 - June 5

No class May 29

ALLOUEZ: Broadview YMCA

Ages 4..... 39039..... 9:00 - 10:00 am

Ages 5 & 6..... 39040..... 10:15 - 11:15 am

Ages 7 & 8..... 39041..... 9:00 - 10:00 am

EAST SIDE: East Side YMCA

Ages 4..... 39048..... 9:00 - 10:00 am

Ages 5 & 6..... 39049..... 10:15 - 11:15 am

WEST SIDE: West Side YMCA

Ages 5 & 6..... 39042..... 9:00 - 10:00 am

Ages 7 & 8..... 39043..... 9:00 - 10:00 am

VOLUNTEER COACHES MEETING: April 7- 5:30 pm

Downtown YMCA (Boardroom)



Adrenaline Push Skateboarding

ages 7 - 13

Beginners to advance riders will learn skills using rails, kickers ramps and quarter pipe. Grinds, jumps, rail slides and dropping in are just few of the things that will be covered in this class. Students must provide their own skateboard, helmet, knee, elbow and wrist pads. Class meets twice a week for three weeks at the East Side YMCA.

\$40 **YMCA Members: \$25**

May 4, 6, 11, 13, 18, 20

EAST SIDE: East Side YMCA

T Th..... 39037..... 4:30 - 5:15 pm

T Th..... 39038..... 5:30 - 6:15 pm

Registration Begins March 1st



VOLLEYBALL

Girl's Volleyball

grades 1st - 6th

The Broadview, East Side and West Side YMCAs are offering girls in grades 1 - 6 the opportunity to build skills and play games. Play volleyball Saturday mornings; times will vary week to week.

\$49 **YMCA Members: \$31**

Saturday Mornings April 17 - June 5

No class May 29

ALLOUEZ: Broadview YMCA

Grades 1 & 2 39051 times vary*

EAST SIDE: East Side YMCA

Grades 3 & 4 39052 times vary*

WEST SIDE: West Side YMCA

Grades 5 & 6 39053 times vary*

9:00, 10:00 or 11:00 am



ROLLER HOCKEY

Sunday Night

Rat's Roller Hockey

ages 6-12

Featuring games, players must be able to skate and have the understanding of hockey. Pucks and training goals are provided. Participants are required to have a helmet with face mask, inline hockey skates with rubber wheels, and hockey gloves and a mouthguard.

Held at the Broadview YMCA, call Micki at (920) 436-9551 for more information.

\$40 **YMCA Members: \$28**

Sunday Nights

April 11, 18, 25, May 2, 16 & 23.

ALLOUEZ: Broadview YMCA

Ages 6-8 40079 5:30 - 6:30 pm

Ages 9-12 40080 6:45 - 7:45 pm



Register online at www.GreenBayYMCA.org

Registration

YMCA Youth Sports Registration - Spring 2010

1. Register online, in person or by mail. Please register one child per form. Print clearly and please complete the entire form. Thank you!

We cannot accept registration forms by mail after April 9, 2010, registration is not guaranteed after this date.

Child's Name _____ MI _____ Last _____

School _____ Grade (2009/2010 school yr.) _____

Current Age _____ Birthdate _____ Gender: ___M ___F

Street Address _____

City _____ State _____ Zip _____

Parent's First and Last Name _____

Home Phone _____ Email _____

Mom Cell # _____ Dad Cell # _____

2. We need coaches.....Please consider volunteering your time.

I am a parent interested in volunteer coaching and I will attend the coaches meeting.

3. Choose the t-shirt size for your child:

youth med youth large adult med adult large adult x-large

4. Choose your sport, location, days, times and fee by and entering the sport and corresponding bar code below

YMCA YOUTH SPORT	BAR CODE	FEE
EXAMPLE: <u>Soccer</u>	<u>39041</u>	<u>\$31</u>
_____	_____	_____
_____	_____	_____

(Based on your YMCA membership, please double check that you've entered in the correct fee)

You can download additional copies of this form at www.GreenBayYMCA.org, click on Youth Sports tab.

Mail to: 380 Broadview Dr Green Bay, WI 54301

Questions? Call Micki 920.436.9551

2010 Spring YOUTH SPORTS

**Registration
begins: MARCH 1
Deadline: APRIL 9**

The YMCA is a non-profit, benevolent organization that demonstrates our mission by providing health/wellness and values-based programming for all - regardless of their ability to pay.



Volunteers needed!

We are looking for responsible adults to be volunteer coaches for Baseball and Soccer teams.

The satisfaction you will receive by helping to develop our community's young people is priceless!

Call Micki at 436-9551 for volunteer opportunities.