



KEEPING OUR YMCA SAFE



Phase 2 Operation Guidelines:

- Members and staff will maintain a minimum of 6 feet of physical distance while in the YMCA.
- In order to allow for optimal physical distancing, facility and room capacity limits will be maintained.
- Entrances and exits to the facilities will be controlled to ensure physical distancing.
- Staff and members will have temperatures checked upon entering the facility.
- Staff will wear cloth face coverings. Members will wear face coverings entering and exiting the building and must adhere to state mask mandate.
- Facility use is for members and program participants. We are unable to honor day passes during this time.
- Children 13 years and younger are welcome when accompanied by a caregiver/guardian 16+ years old. Youth 10-13 may access the facility without direct supervision weekdays after 3:00 pm and during weekend hours.
- Pools are open with capacity limits.
- Pool lap lanes are by reservation for one member at the time.
- Cardio and strength equipment is spaced to allow for physical distancing.
- Additional sanitation and cleaning supplies will be provided for members to disinfect equipment before and after use.
- Members must wash hands before and after working out with soap and water for at least 20 seconds.
- Members and staff are highly encouraged to follow CDC guidelines outside of the facility to mitigate risk of transmission.
- YMCA facilities will have adjusted hours.
- Please bring your own towel and water bottle. Towel services has been suspended and water fountains are only available to fill up water bottles.
- Walking is the only activity permitted on the track at the Ferguson and West Side facilities.
- If you have the urge to cough or sneeze, cover your nose and mouth. Wash your hands thoroughly before returning to your activity.

We will continue to review these guidelines regularly and communicate changes through email, our website, and social media to meet federal, state, and local guidelines. We will also continue providing virtual resources for our members who are still sheltering at home.

Thank you for your cooperation.